If we listened more, what might we learn?

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Occupational Therapy New Zealand
Whakaora Ngangahau Aotearoa
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Greetings

Tena kotou, tena koutou, tena koutou katoa
Listening
Learning
Evidence from research
Evidence from practice
Evidence from clients
Skills and knowledge
Relative importance of occupations
Patterns of occupation
Enacting values and principles
Occupational resources
How things are done
Flexibility

Evidence from clients
Evidence from clients

House
Car
Office layout
Local shops
Route to work
Where to catch the bus …
Equipment provision
Work simplification
Ergonomics
STRENGTHEN - 14
Leg Lift – Sitting
(Quadriceps / Abdomen Strength)

Sit with _____ lb weights on ankles. Keep abdomen tight.
Lift one leg, keeping knee bent, breathing out through pursed lips. Return slowly, breathing in.

Repeat _____ times.
Repeat with other leg.
Do _____ sessions per day.

Variation:
_ Do without weights.
Graded activities
Scientific methods

- Theory
  - Use the theory to make a prediction
  - Create or modify the theory

- Observation
  - Perform the experiment

- Prediction
  - Design an experiment to test the prediction

- Experiment

Versus situated experience
Situated experience
Strategies to:

- Keep me safe
- Recruit and accept help
- Meet social and biological needs
- Conserve resources
Strategies to:

- Keep me safe
- Recruit and accept help
- Meet social and biological needs
- Conserve resources
- Keep track and remember
- Self-advocacy strategies

What we might learn
Clients as a wasted resource
Why did this happen to me?

Causal attributions
If we listened more, what might we learn?

In this age of information, ignorance is a choice.


Kidner, T. B. (1922). Work for the tuberculosis during and after the cure. *Archives of Occupational Therapy, 2*(5), 363-376.